



Hey Adedance Family

By now you have all no doubt seen the devastating announcement from the Government on the forced closure of gyms and fitness studios from May 8 to 30.

As much as we as a community follow the distancing and hygiene guidelines to a fantastic and highly responsible level, we unfortunately can't do anything to reverse their decision for now.

Rest assured that we, as part of the Singapore Fitness Alliance, will be lobbying the government to get us back open and delivering the awesome indoor aerial, stretch, contortion, walkover, handstand and conditioning classes that you've all come to love.

Now you must have a million questions, so let me do my best to answer them here:

- What happens to my credits?

- All credit packs will be extended by 3 weeks. This is an entirely manual and extremely tedious process, so please be patient and understanding as we handle that.

- Are classes this week continuing?

- Yes - every scheduled class up until COB Friday will continue as planned.

- I've signed up for a course - so how?

- All courses will re-start on Monday May 31. We'll re-start week 1 all over again so that nothing is lost or forgotten. Consider this current week a bonus. We are still waiting on official Sport SG advisory on what the return to action will look like, so please be patient as this evolves.

- Will online stretch return?

- Yes! We'll get these set-up in Glofox ASAP. It'll be a pay-per-class basis, as online is cheaper than in person so we don't want to burn your precious credits.

- How can I contact you to ask more questions?

- Anything regarding courses, classes, credits etc please contact Adelene directly on 97876948.

This will be a constantly evolving situation, and we'll do our best to keep you all informed of what's happening.

Thanks for your patience, support and most of all for your enthusiasm for everything we do together at Adedance Aerial. You are all what keeps us going and makes it the funnest work place ever.

Adelene and the team at Adedance Aerial